



# 10<sup>th</sup> TXTFIRELYMPICS

May 19, 2024, SM Mall of Asia



## Goal

Aiming to promote brotherhood and camaraderie among TXTFIRE fire volunteers.

## Purpose

This was developed to enhance the skills, agility, endurance, and physical fitness of all fire volunteers, so that they can perform their tasks safer and better.

## Objective

To finish the course within the best possible time.

## General Rules and Regulations

**Sec. 1: Eight (8), minimum of Six (6) official participants from each team must register in the event. Participants should be a member of each individual volunteer fire brigade. For easy recognition, Identification card will be issued to the registered participants. Last day of registration will be on Mar 31, 2024.**

**Sec. 2:** No changes in the line-up will be allowed after registration. Late Registrants will not be accepted.

**Sec. 3:** Fire marshals, communication chairman, medical officers, judges, event committee officers, awarding committee members, ground working officers and crews cannot participate in any of the two events.

**Sec. 4:** All participants are required to use proper & complete PPEs (personal protective equipment) such as Helmets w/ strap, Bunker coats w/ buckles (minimum of 3 buckles), bunker with zipper and Velcro (zipper must be fully Zipped) Gloves, (surgical and laundry gloves are NOT allowed) Fire pants with or w/out suspenders and Fire Boots.

**Sec. 5:** All participants must be physically fit for the competition. Waivers must be submitted together with the registration forms.

**Sec. 6:** All participants are expected to be present and have registered at the event site at least two (2) hours before the start of the event.

**Sec. 7:** Standard firefighting hoses x 50ft (NH/NST) will be used in all events applicable. It will be wet-down to make the condition as similar as possible to fire scene situation in all events applicable. (Quick Connect is not allowed) To be provided by the participants.

**Sec. 8:** Quick release fittings and couplings to hose and equipment are NOT allowed

**Sec. 9:** A designated fire engine will be used and parked in a stationary position with a driver and a pump operator during the event. This will be provided by the committee.

**Sec. 10:** Water pressure will be preset. Adjusting the pressure is strictly prohibited. Failure to follow shall mean automatic disqualification from the event.

**Sec. 11:** All designated start and finish points will be marked by the committee.

**Sec. 12:** A single raffle will be conducted to determine the order in which teams will compete. This will be done right after the briefing of events.

**Sec. 13:** As time may be limited for competition. Each team, therefore, is requested to be on alert to perform when called upon to do so. An allowance of two (2) minutes shall be given to each team. Failure to do so shall mean disqualification.

**Sec. 14:** The official event in which all teams must compete:

- **TXTFIRE Mystery Challenge**



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**Sec. 15:** The event will be repeated if there will be any TXTFIRE provided equipment malfunctions during the competition. – (i.e. Fire pump malfunction; Water loss and the likes). The Games Committee will review and decide. If participant provided equipment fails, then the game will continue and no reset will take place.

**Sec. 16:** The Games Committee has the right to disqualify any team from any event. The Games Committee has the final say in any matter with regards to the competition.

**Sec. 17:** The team who committed three (3) consecutive false starts, will be disqualified from the event.

**Sec. 18:** Competition ground will be flushed with water by the ground crews and should clean out any left-over within five (5) minutes before the start of the game. The participating teams must check and inspect the competition ground.

**Sec. 19:** In case there are disputes regarding penalties during the competition, the team captain is the only person authorized to discuss the matter with the Games Committee.

**Sec. 20:** Snack pack will be provided to participants only. Competition will continue during the event.

**Sec. 21:** Intentionally not following the mechanics of the game events means disqualification from the competition.

**Sec. 22:** Friends, Fans and Family members are not allowed in the competition area at any time. Only events committee, timers, judges are permitted in the competition area at any time. Participants can only stay at the competition area during their event. Disrupting the competition will result in the team's disqualification.

**Sec. 23:** There will be a final meeting & briefing of Team Captains, Games Committee and Board of Judges. on April 19, 2024 @Ube Tower, 628 Ongpin St. 6:00pm call time

**Sec. 24:** The Games Committee and Board of Judges will no longer entertain comments and suggestions regarding the game proper on the day of the event.

**Sec. 25:** Prior to placing the equipment on the platform of the tower, each team must conduct thorough testing to ensure that all equipment functions correctly.

**Sec. 26:** Combination of different group to form a team is NOT allowed

**Sec. 27:** Two participating teams will simultaneously play per heat.

**Sec. 28:** In the event of a **TIE** for first place, an additional heat will be conducted to determine the champion

**Sec. 29:** All teams are allotted a maximum of 10minutes time limit to complete the game. If in case NO team finishes with-in the time frame or below, Teams with best time will be declared winners. It is crucial for participants to strategize and work efficiently to ensure their success with-in the time constraint.

**Sec.30:** IF in case ACCIDENT occur to FF/FF's during the game, it will be the decision of the TEAM CAPTAIN to continue or stop the game. Re-starting the game will NOT be allowed

**Sec. 31:** 1<sup>st</sup> Place – The winning team will receive a Fire Truck, a trophy, and medals for each member.  
2<sup>nd</sup> Place – The second-place team will receive a trophy and medals for each member.  
3<sup>rd</sup> Place – The third-place team will receive a trophy and medals for each member.



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## EVENT NO. 1: TXTFIRE Mystery Challenge

**Participants:** Six (6) Firefighters with complete PPE gear - use *your own*

**Equipment:**

1 unit	Fire truck pumping at 100 PSI or 7.03 kg/cm <sup>2</sup> or 0.7mPa	Provided by TxtFire
1 unit	15 ft Tower with platform area of 8' x 8'	
1 unit	LPG Fire Pit (6.7 ft x 3.3 Ft)	
1 unit	LPG Tank Farm	
1 pc	10 Ft Extension Ladder	
2 pcs	Safety Harness belt	
2 pcs	1 ½" Straight Nozzle	
1 pc	Back board	
1 pc	Stretcher	
2 pcs	4ft high target (10'x10')	
1 unit	Ladder and back board stand	
1 unit	Equipment Box (ground & tower platform)	
1 pc	Flag	
1 pc	Mat for Patient	
1 Set	PPE for each Firefighter	Provided by Participants
2 pcs	2 ½" Hose US Standard (50Ft) NH/NST	
2 pcs	1 ½" Hose US Standard (50Ft) NH/NST	
2 pcs	1 ½" Pistol Grip Nozzle with Spray	
1 pc	2 ½" inlet to Two 1 ½" Wye (Straight or Control Valve regulated)	
1 person	Minimum of 80KG Patient	

**Setup:**

- Edge of the firetruck is at 0
- Fire Truck is located before the prep area.
- 0'-10 feet from fire truck is the Prep Area for the Firefighters
- Start line is the 10 feet line.
- Ladder and Spine Board Stand is located 20 feet away from fire truck.
- The Tower stands 60 Ft from the Fire Truck
- Source Equipment box is located at the platform of the tower 15ft high.
- Return Equipment box is located is 10' away from the fire truck
- Nozzle line is 100 ft. from fire truck.
- Target is located at 120 ft. from fire truck.
- Fire Pit is located at 80 ft. from fire truck.
- Patient Mat is located 60ft from Firetruck.
- Stretcher is located 0' – 10' from firetruck.
- Patient's Head is positioned away from the fire truck.



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## Procedure

- I. Six(6) firefighters, in their casual wear, will stand in attention in the prep area, their PPEs in front of them.
- II. Upon the Go signal, firefighters must wear their PPEs including the belt harness for the 2 firefighters that will go up the tower.
- III. As soon as the PPEs are properly worn, FF must proceed to grab the ladder from the ladder stand and carry it to the tower. (All team members are allowed to move)
- IV. They must position and raise the ladder properly with a minimum of 3 rungs above the platform of the tower. (Keep in mind the safety of harnessed FF during ascent and descent from the tower, at least 1 FF should be securing the ladder in place.)
- V. A **maximum of 2 FF** with the belt harness can climb the ladder to the platform of the tower, where the equipment is located. (**Belt harness must be clipped on the safety rail.**) They must retrieve and pass the equipment down to their teammates.
- VI. Intentionally throwing or dropping the equipment (straight nozzles, pistol grip nozzle & wye) is not allowed.
- VII. Upon securing all the equipment, FF can start unrolling all the hoses, connecting the Wyes, straight nozzle. (**Order of connection: Fire Truck, 1pc. 2 ½ hose, Wye, 2 pcs 1 ½ hose and 2 pcs straight nozzle**)
- VIII. Once everything is connected, 2 nozzle man should position themselves behind the nozzle line to hit the targets.
- IX. Any **FF** can now open the water valve with preset pressure(100psi).
- X. Each nozzleman must hit target facing them (one nozzle man hitting 2 targets is not allowed, Target must fall)
- XI. Once the **targets** have been hit & has **FALLEN**, **FF/engine** man must shut off the water valve.
- XII. Any of the **FF** can disconnect 1 of the 2-1/2 hose considering it as **BUSTED** hose and replace it with another 2-1/2 hose. at the same time any **FF** can re-roll the busted 2-1 / 2 hose and place it to the equipment box (hose must be rolled properly female outside) must be a Single Donut Roll.
- XIII. Any of the **FF** must replace the two straight nozzles to the two Pistol Grip Nozzle with Spray
- XIV. Simultaneously unused equipment can be returned to the equipment box and ladder stand (ladder rope must be secured on to the ladder),
- XV. After all the required equipment have been replaced (**Order of connection: Fire Truck, 1pc. 2 ½ hose, Wye, 2 pcs 1 ½ hose and 2 pcs Pistol Grip Nozzle with Spray**), **FF/engine** man can open the water valve again with preset pressure(100psi)
- XVI. The nozzle men can proceed to the fire pit and extinguish the fire.
- XVII. Once the fire pit has been fully extinguished, all **FF** can then start to disconnect the hoses from each other, the nozzle and from the engine, reroll the hoses, retrieve the nozzle and place it all back at the equipment box. All hose must be properly rolled (female outside, male inside) must be a Single Donut Roll.
- XVIII. At any time, Any FF can get the back board from the stand.
- XIX. **Only** after extinguishing the fire pit, can they start to attend and retrieve the patient (80Kg)
- XX. The patient must be transferred from the mat to the back board safely, securely, and properly. Patient must be strapped to the back board, before moving/ transporting the patient. Transporting the patient must be done in a proper way (headfirst). [Patient transferring from mat to the back board by themselves is **NOT ALLOWED**, automatic **DISQUALIFICATION**]
- XXI. FF must transport the patient using the back board to the stretcher, crossing the start line.
- XXII. When the ladder, all hoses and equipment (except the back board) are in their proper place, and upon placing the patient on the stretcher, any of the **FF** can raise the flag to stop the time.



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## Note:

- All Firefighters should have complete PPE gear (PPE gear will be inspected by the games committee before the start of the game)
- All Equipment and hoses must be checked by the team before the game.
- In case of pump or equipment malfunction after the start signal, only the COMMITTEE will review the situation before making a decision to re-run the event.
- All FF must clear the play area immediately after the game.
- Only Team Captain/OIC can discuss with the Games Committee.
- Patient will be weighed before the team starts the event.
- If the team fails to provide a patient that meets the minimum 80kg weight, the team will be disqualified.

## Table of Penalties:

Improper rolling of hose	60-seconds/hose
Improper PPE or improper wearing of PPE	20-seconds/ firefighter
Intentionally throwing or dropping of equipment from tower (Straight Nozzle, Pistol Grip Nozzle with Spray & Wye)	60-seconds/ item
Not securing the ladder while in use (held down by FF during ascent & descent of the FF)	120-seconds
Not securing the ladder rope upon retrieval before returning to the ladder stand	20-seconds
Raising the flag before all equipment are properly placed in the equipment box (including ladder and Safety Harness belt)	180-seconds
Raising the flag before the patient is placed on the stretcher	180-seconds
Intentionally not rolling of hose	Disqualification
Starting before GO signal	3rd false start Disqualification
Dropping the Patient (including any part of the body touching the floor outside the mat)	Disqualification
Patient transferring from mat to back board by himself/herself	Disqualification
Intentionally not finishing the game	Disqualification
Not having a minimum of 3 (three) rungs above the platform	20 seconds

\*\*\*\*Waiver must be accomplished one per participant including assigned victim\*\*\*\*



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## PARTICIPANT WAIVER AND RELEASE OF LIABILITY FOR THE 10TH TXTFIRELYMPICS

In consideration of being allowed to participate in any way in the TXTFIRELYMPICS, the undersigned:

1. Acknowledges, appreciates, and agrees that:
  - a. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death.
  - b. I certify that I am physically fit, have sufficiently prepared or trained for participation in this event, and have not been advised to not participate by a qualified medical professional.
  - c. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or others.
  - d. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
2. I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless the TXTFIRE PHILIPPINES FOUNDATION INC., its officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releases"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise, to the fullest extent permitted by law.
3. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity.

I have read this release of liability and assumption of risk agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Participant Signature over Printed Name

\_\_\_\_\_  
Acknowledged by: (Fire Chief / President)  
Signature over Printed Name

\_\_\_\_\_  
Date Signed

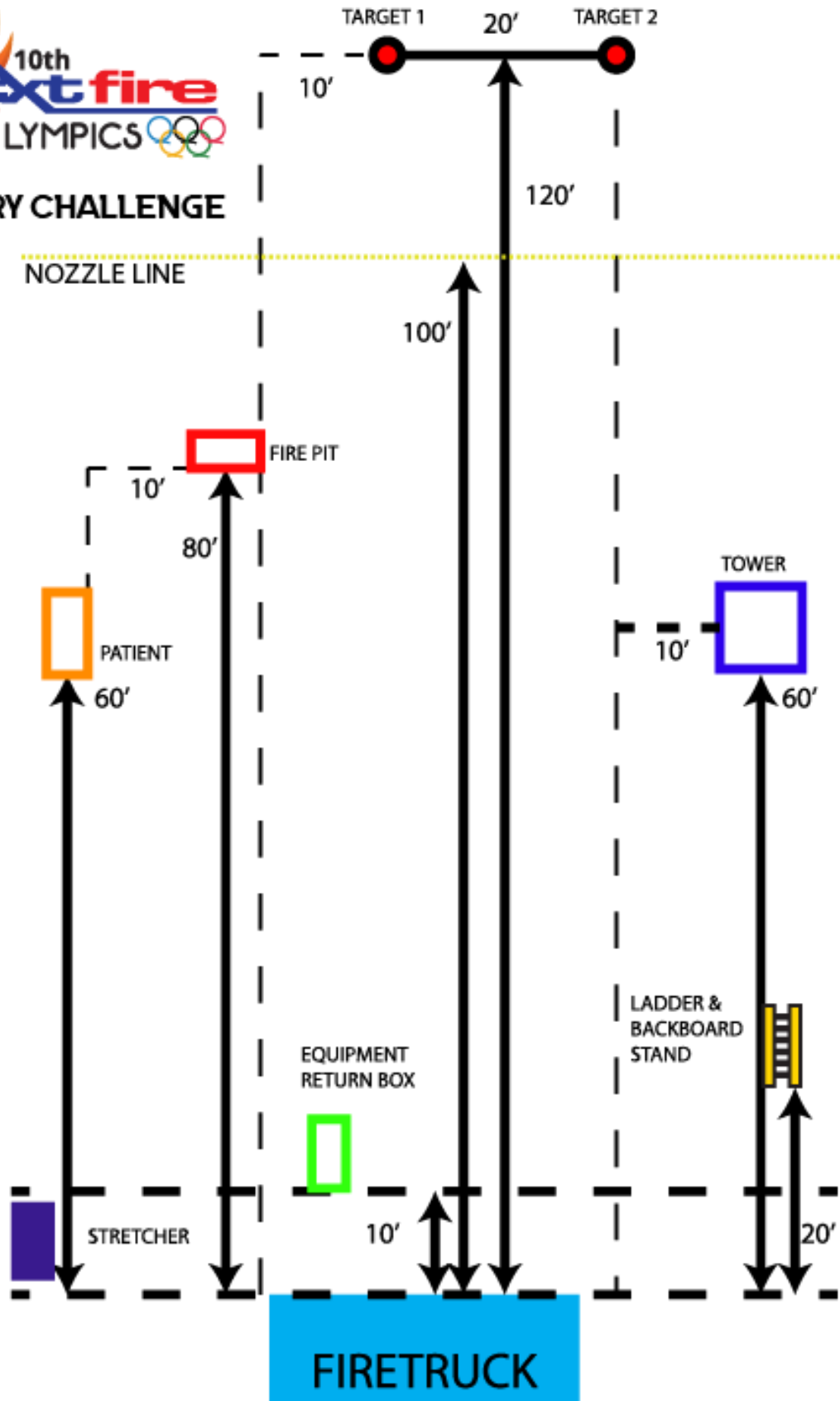
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Group / Affiliation:





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## Revision Change Log

Revision Version	
04/13/2024	Changes highlighted in <b>RED</b> <ul style="list-style-type: none"><li>- General Rules, Procedure and Penalties</li></ul>
04/14/2024	Changes highlighted in <b>DARK RED</b> <ul style="list-style-type: none"><li>- Penalties</li></ul>
04/15/2024	Changes highlighted in <b>BLUE</b> <ul style="list-style-type: none"><li>- Procedure</li></ul>





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